



September 2025

Salad Bar 5-12



Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL TODAY	2 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	3 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Dessert	4 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	5 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk
8 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk	9 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	10 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Dessert	11 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	12 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk
15 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk	16 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	17 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Dessert	18 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	19 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk
22 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk	23 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	24 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Dessert	25 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	26 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk
29 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk	30 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus			

This Institute is an Equal Opportunity Provider

-Low-fat Milk is offered at every meal.

-Salad Bar has choice of one meat choice or cottage cheese

Each Meal has a choice of only one meat/meat alternative (extra meat is .75 cent each).

Pricing: Lunch Jk-4 = \$2.45 / 5-8 = \$2.65 / 9-12 = \$2.85

Adult Lunch = \$4.85

-Pay Child Meal Accounts online at MySchoolBucks.com